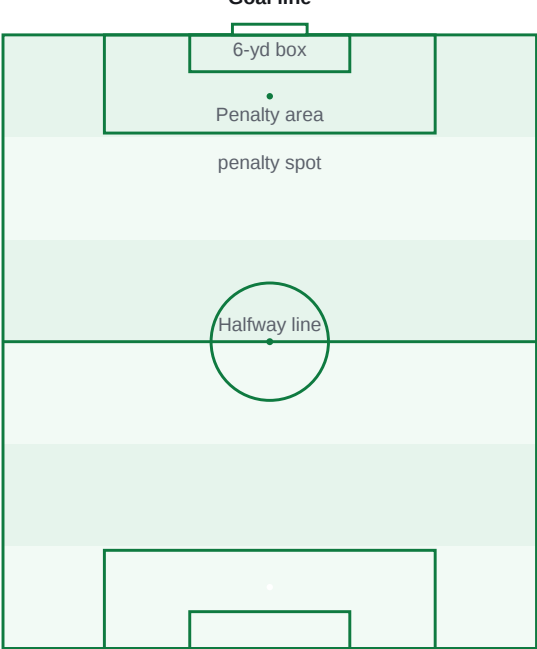


Pardaan

Pitch & Goal Dimensions Chart

Recommended pitch, goal and ball sizes by age group.

Pitch, goal and ball sizes change as players grow, so younger age groups play smaller formats on smaller pitches with lighter balls. The diagram labels the main markings of a full pitch, and the table gives typical grassroots guidance by age group. Exact sizes vary by association and competition, so always confirm your local guidelines before setting up.



The main markings of a full-size pitch (not to scale).

Age	Format	Pitch (yds, approx)	Goal	Ball
U7-U8	5v5	40 x 30	12 x 6 ft	Size 3
U9-U10	7v7	60 x 40	12 x 6 ft	Size 3-4
U11-U12	9v9	80 x 50	16 x 7 ft	Size 4
U13-U14	11v11	90 x 55	21 x 7 ft	Size 4-5
U15-U16	11v11	100 x 60	24 x 8 ft	Size 5
U17-adult	11v11	110 x 70	24 x 8 ft (full)	Size 5

Always check locally

These are typical figures for guidance only. Your national and county football associations publish the exact pitch, goal, ball and format rules for each age group each season - they are the final word.